

**Whole system review of C&YP emotional and mental health services in Leeds.**

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**1.0 Summary**

In September, ICE endorsed the need for a whole system review of Children and Young People emotional and mental health services in Leeds. Recommendations will be reported back at ICE at the end of March 2015. This report is a highlight report on progress to date, interim recommendations and next steps.

**1.1 The issues leading to the need for the review:**

- Fragmented system/ multiple commissioners – not joined up
- Confusion of what services are available and how to access/refer
- Lack of a citywide consistent, evidence based offer
- Long waiting times and perceived high thresholds for specialist CAMHS
- Evidence of disinvestment, CIPs and rising demand in specialist CAMHS
- Recognition that more could be done to support the prevention agenda (primary prevention; emotional resilience and early help)
- Lack of data to track need, service use across the system and impact of services
- Concern about those not eligible for TaMHS (geographical boundaries, private schools)

**1.2 Progress to date:**

**Review process**

- Project management and business intelligence personnel recruited
- Project plan complete
- Joint Steering group established and has met four times
- Initial stakeholder engagement undertaken with key providers including a workshop event to develop methodologies to deliver the recommendation of creating a single point of access for C&YP EMH services across the city
- Review of previous engagement with young people, carers and parents completed – with key messages synthesised to inform recommendations

**Data analysis**

- Analysis of data sources undertaken
- Analysis of present activity, capacity and demand
- Baseline assessment of current services against compliance with NICE guidance

- Identification of current spend in the city undertaken (see Appendix A)
- Literature of evidence of economic case for investment reviewed to inform recommendations

### Investment

- CCGs proposing investment to protect CAMHS as part of 2015/16 contract negotiations
- Waiting times initiative within CAMHS
  - Routine appointments to consultation clinic now within standard, through the efforts of LCH
  - CQUIN in development to support proactive management of children and young people on a waiting list
  - Additional investment agreed to buy in additional capacity to address waiting times for specialist assessments (ADHD and ASD)
- Investment agreed by CCGs to co-commission with educational clusters the Early Intervention (TaMHS) offer, to support the sustainability of this model, to provide additional capacity and to support the redesign of the whole system to create a coordinated offer for children and young people in Leeds.
- CCGs co-commissioning a two year TaMHS SILC pilot

### 1.3 Next Steps:

The Steering group is currently developing recommendations to report to the ICE.

Some of the draft recommendations developed from the key messages that we have heard consistently from children and young people have been tested out with young people as part of the Young Minds focus group (early February);

To check “Have we got it right?” The response was very positive and will help develop the recommendations further.

The draft recommendations will be further tested at an event planned for the 16 March 2015. This is focused on key stakeholders (children and young people and parents, providers of CYP emotional and mental health services in the city, commissioners, clinical referrers and the LMC, and key partners.

Key headlines in terms of the content of the recommendations are:

- Commissioning (and co-commissioning) better together
- Clear published local offer and Single Point of Access for referrals
- Programme to deliver primary prevention including the development of emotional resilience
- Improved data – tracking of service use across the city; outcomes of intervention and impact of redesign
- Further development of the digital opportunities (MIndMate website and digital innovation lab)
- Redesign of specialist service – clear alignment with clusters
- Priority to work with adult mental health commissioners on effective transition

### **1.4 End of Review Reports:**

By the end of March the ICE report will be available and will include:

- High-level recommendations for whole system redesign – each recommendation will be linked to the initial issues presented at ICE and triangulated with CYP and parent views and available evidence base.

Supporting papers/reports:

- Data on known prevalence of emotional and mental health needs in Leeds
- Findings of the modelling of the current CYP flows through the various emotional and mental health services in Leeds (identifying gaps, barriers and blockages)
- Synthesis of messages from CYP and parents
- Commissioner guidance (based on evidence and economic case for investment)

It is worth noting that the Government will be publishing the National Taskforce report imminently; the recommendations of this review will be supported by this national publication.

The outputs of the review are in essence the beginning – a significant transformational programme of work will then need to begin.